U.S. Department of Energy

OAK RIDGE OFFICE

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November 6, 2006

SUBJECT: HEALTH FAIR

A Health Fair will be held on Wednesday, November 8, 2006, from 9 a.m. until 1 p.m. in Rooms B-04 through B-13 of the Federal Building. The Health Fair is open to all Oak Ridge area Federal and contractor employees. This year, the Fair will include fitness centers, spas, physicians, and various Federal health insurance carriers.

Complimentary services will include massages, blood pressure checks, body mass index (BMI), body fat measurements, and fitness center passes. Representatives from the following agencies/organizations will be present at the Fair with complimentary items, screening tests, and/or literature:

- Aetna Health, Inc.
- Alzheimers Association
- American Cancer Society
- American Diabetes Association
- American Heart Association
- American Lung Association
- American Red Cross
- Arthritis Foundation
- Ayurveda Center for Natural Healthcare
- Blue Cross Blue Shield
- Cornerstone of Recovery
- Curves
- East Tennessee Vein Clinic
- GEHA Health Insurance
- Knox County Office on Aging
- Mail Handlers Health Insurance
- MEDIC
- Mental Health Association of East Tennessee

- Methodist Medical Center
 - Comprehensive Chest Clinic
 - Congestive Heart Failure Program
 - Family Wellness
 - Health Works
 - Marketing
 - Occupational Therapy
 - Physical Therapy
 - Sleep Diagnostics Center
 - Speech Therapy
 - Wellness Place/Diabetes
- National Fitness Center
- NHC Home Care of Knoxville
- Oak Ridge Gastroenterology Associates
- ORO Safety, Health, Emergency Management and Ergonomics Programs
- Scoles Family Chiropractic
- Take Charge Fitness Program/Clinton Physical Therapy
- Tennessee Donor Services
- The Therapy Center Marino Therapy Centers
- Vision Service Plan (VSP)

Methodist Medical Center will charge \$20.00 for cholesterol testing, payable when the blood specimen is collected. For accurate results, you must fast for at least 8 hours prior to testing. The results will be available 7 minutes after testing.

Questions about the Health Fair should be directed to Sherry Stotelmyer at 576-0669 or Betty Blackman at 576-0682.

Melanie M Kent. Chief

Federal Human Resources Branch